

Rediscover Your Inherent Skills

Each of us possesses a distinct set of inherent skills. As time moves on, we complement these inherent skills with learned skills.

All too often, our investment in these learned skills takes over, diverting attention from paths that are most enjoyable, rewarding, and productive.

Rediscover your inherent skills. Apply them in your life and career. This helps you and your company gain the most from your efforts.

**Half day of classroom instruction;
one day of classroom practice and participation.
One year of direct support.**



YOU ARE INVITED TO LEARN FROM: An inspirational story
Self-knowledge assessments
Exercises on values and motivation

Write skill-based narratives.
Analyze them.
Rediscover.

ABOUT Rediscover Your Inherent Skills

“That which we know, we have first seen” —Johann Wolfgang Goethe

Inherent skills are permanent, inseparable elements of your character. These are the skills that make your heart sing; that flow effortlessly from within you; that enable you to attain a deeper level of personal satisfaction and sense of accomplishment. This is opposed to learned skills—skills acquired on your journey through life and frequently put to good use. While competent at these learned skills, they require more effort and concentration.

Throughout our careers, we tend to become separated from our inherent skills and instead rely more heavily on our learned skills. Through the telling about a sabbatical of rediscovery coupled with a series of hands-on exercises, this class helps inspire you to rediscover your inherent skills. We then discuss ways in which you can integrate these inherent skills into your life and apply them at work. When this occurs, advantageous and profitable benefits result for both you, your employer, and your company's customers.

CLASSROOM TOPICS

By integrating story telling, real-life examples, lectures with discussion, group work, and supervised individual exercises, you learn to rediscover your inherent skills and how to use them daily both personally and professionally.

An Inspirational Story

Participants find this class difficult and consuming, reflective and revealing, yet ultimately rewarding. Begin by taking part in the telling of an extended professional sabbatical, focused on developing the mind, body, and spirit, that resulted in a career shift. This inspirational story sets the stage for the exercises you complete and discoveries you gain from this class.

Getting to Know Who You Are

Through a series of reflective exercises, you gain renewed insight into many aspects of your life, appreciate who you are, and realize your untapped potential.

Life Mission. How would you like your eulogy to sound? A difficult topic, but here is your chance to envision where you want to go with your life.

Your Priorities. This straight-forward exercise helps you determine what's most important to you now and in the near future.

Core Values. Take a values quiz to rank the importance of six societal values.

Motivators. Complete a short exercise to identify what motivates you to achieve.

Exploring Your Past Self. Begin by taking inventory of the highlights and accomplishments of your life, assess the choices you made, and evaluate these influential decisions. This helps you determine how you arrived at this point in your life, and clarifies priorities and events that shaped your journey.

Your Inherent Skills

After exploring your past and laying a foundation of knowledge about yourself, you are ready to rediscover your inherent skills. Using this inventory, choose the accomplishments (large and small) that make you most proud and that you enjoyed doing. Analyzing these events reveals your inherent skills.

Through a series of short written narratives, enumerate the inherent skills you employed to achieve these accomplishments. You then summarize and group these skills into categories to gain further insight and derive a final list of your specific inherent skills. Our checklists and sample narratives serve to smooth this process.

Connecting Skills to Work

How many of these inherent skills are you using? We help identify opportunities within your company where you can apply your inherent skills. With that, you are in a better position to assess these possibilities, create a plan, and make these skills an integral part of your career development. When your professional goals are better matched with your company's goals, everyone benefits.

SOLARI'S LEAD INSTRUCTOR

Rich Maggiani



Certified Teacher

Rich is certified to teach professional adults down to high school students. He teaches communication classes to business professionals across the country, as well as to both undergraduate and graduate students. Rich understands that classroom skills must transfer to the job to be most effective, and employs techniques to ensure that training transfers. He holds a Masters degree in Administration, and a Bachelor's in Education. In 2008, Rich earned the rank of Fellow from the Society for Technical Communication. Learners benefit from his academic and professional background.

Instructional Designer and Trainer

For over twenty years, Rich has been designing instruction and teaching for universities, nonprofits, governments, and corporations small and large. Instructional materials include instructor guides, student guides, reference manuals, job aids, tutorials and online help, curricula, and classroom content (concepts, skills, exercises, practice activities and scenarios, and discussion questions). He regularly presents at professional conferences on a variety of communication topics. Rich also writes a series of position papers on communication topics, and authors a column for the professional communication periodical, *Intercom*.

Communication Professional

Rich founded Solari Communication to offer clients a spectrum of communication services that enable companies to prosper. As a business owner, Rich fully appreciates that simple, clear communication is crucial to success. Rich ensures that skills he imparts in the classroom not only benefit students, but more importantly, enable your company to attain its goals.